LA' TONNA SAFARI HOTEL

MENU

From the wild plains of the Serengeti to the volcanic slopes of Mount Meru, and from the whispering shores of Lake Victoria to the fertile soil of our own gardens — every ingredient we serve carries the story of this land.

Our herbs are harvested at dawn,grown in the rich volcanic slopes of Mount Meru that have nourished the region for generations, bursting with flavor found nowhere else. Free-range chickens roam our farms, while premium beef, mutton, and goat come from Maasai herds grazing the endless Serengeti plains. From the deep, glimmering waters of Lake Victoria, we bring you the freshest tilapia and Nile perch, still tasting of the lake itself.

We take this extraordinary bounty and, with passion and skill, transform it into dishes rich in flavor and deeply satisfying to the soul — a true taste of Tanzania, from soil to plate.

MENU

SOUPS

Chicken manchow soup	25,000
Vegetable manchow soup	20,000
Butternut and orange soup	20,000
Sweetcorn and coconut soup, popcorn dust	15,000
Sweet potato and ginger soup, coconut reduction	20,000
Leeks and potato soup, crispy vegetables	20,000
Zucchini and mint soup, crispy bacon	20,000

SOUPS

Broccoli cheddar soup	25,000
Roasted tomato and Basil soup, rosemary croutons, crispy basil, and balsamic reduction	25,000
Carrot and cumin soup, toasted sesame seeds, and croutons	20,000

BREAD FOR SOUPS

Focaccia bread	10,000
White roll bread	10,000
Tomato and cheese bread	10,000

MENU

CHICKEN

CAJUN CHICKEN SKEWERS, APPLE SLAW SALAD, SWEET AND SOUR SAUCE — 30,000

Coconut rice

Potato Chips

Fried green banana

GRILLED CHICKEN WITH TOMATO AND CUCUMBER SALAD — 45,000 / ½ 30,000

Rosemary chips

Maize meal

DEEP FRIED CHICKEN WITH GARLIC MAYONNAISE, GARDEN SALAD — 35,000 / ½ 25,000

Chips

Vegetable rice

Oven-roasted potato wedge

BOILED CHICKEN — 35,000 / ½ 25,000

Chapati

Coconut rice

CHICKEN

PAN-FRIED CHICKEN BREAST WITH CREAMY SPINACH, LEMON BUTTER SAUCE — 40,000

Potato chips

Lemon mush potato

Vegetable fried rice

CAJUN CHICKEN SKEWERS, APPLE SLAW SALAD, SWEET AND SOUR SAUCE — 30,000

Potato Chips

Fried green banana

CHICKEN MANCHURIAN WITH — 45,000

Chips

Garlic noodle

Fried vegetable rice

Mixed garden salad

TERIYAKI CHICKEN WITH — 45,000

Chips

Mashed potato

Tomato spaghetti

MENU

CHICKEN

SWEET AND SOUR CHICKEN 45,000
½ 35,000

Chips

Sticky rice

Apple Salad

Garlic noodle

CHICKEN MAKANGE 35,000
½ 25,000

Chips

Maize meal

Coconut rice

Tumeric fried banana

CHICKEN WINGS WITH 35,000

Rice

Coconut rice

Lemon mashed potatoes

BUFFALO WINGS WITH 40,000

Chips

Garlic spaghetti

Spicy potatoes wedges

CHICKEN

CHICKEN NUGGETS 40,000

Vegetable rice

Mashed potatoes

CHICKEN CHAPATI WRAPS WITH COLESLAW SALAD 35,000

MENU

FISH DISHES

PAN FRIED TILAPIA FISH FILLET, CREAMY SPINACH, LEMON BUTTER SAUCE — 40,000

Chips
Fried Rice
Maize Meal
Fried banana
Lemon mashed potatoes

FISH CAKE, COLESLAW SALAD, AND TARTAR SAUCE — 40,000

Chips
Coconut Rice
Backed Potato
Oven-roast potato

FISH GOUJOINS WITH GREEN SALAD, LEMON AIOLI SAUCE — 40,000

Potato Chips
Vegetable Rice
Mashed Potatoes

FISH BOILED TILLAPIA WITH POTATOES AND VEGETABLES — 25,000

Rice
Chapati
Maize Meal

FISH DISHES

DEEP FRIED TILAPIA WITH KACHUMBARI SALAD — 25,000

Rice
Chips
Maize Meal
Fried Banana
Mashed Potatoes

FISH MAKANGE — 25,000

Rice
Chips
Maize Meal
Fried Banana
Mashed Potatoes

FISH CURRY WITH — 40,000

Chips
Chapati
Coconut Rice
Potato Wedges
Mashed Potatoes
Sambals and
kachumbari salad

FISH MASALA — 40,000

Chips
Fried Cassava
Vegetable Rice
Kachumbari Salad
Mashed Potatoes

MENU

BEEF DISHES

GRILLED BEEF WITH KACHUMBARI SALAD, CREAMY SPINACH 30,000

Rice
Chips
Maize Meal
Fried Banana
Oven-roast potato wedge

BEEF SKEWERS WITH GREEN SALAD TOASTED PUMPKIN SEEDS 35,000

Potato Chips
Maize Meal
Coconut Salad
Mashed Potatoes

APRICOT BEEF COFTA WITH TZATZIKI SAUCE 40,000

Chips
Maize Meal
Vegetable Rice

BEEF DISHES

BEEF STEW 30,000

Rice
Maize Meal
Fried Banana

PAN-FRIED BEEF FILLET 35,000

Chips
Maize Meal
Fried Banana
Mashed Potatoes
Roasted potato wedge

BEEF CHAPATI WRAPS WITH ASIAN SLAW SALAD 35,000

BBQ SPECIALS

Pork ribs	40,000
Pork chops	40,000
Beef fillet	40,000
Beef Mshikaki	30,000
Mbuzi foil	40,000
Mbuzi Choma	35,000
Kuku Choma	40,000
Samaki Choma	35,000
Beef boerewors sausage	40,000

MENU

VEGETARIAN OPTION

Vegetable lasagne with spicy garlic tomato sauce	35,000
Potato croquettes with cheese sauce	35,000
Potato gnocchi with creamy spinach	35,000
Tomato spaghetti with Parmesan cheese	30,000
Vegetable ravioli with creamy garlic sauce	40,000
Stuffed butternut with creamy spinach	35,000
Vegetable curry	25,000
Mushroom risotto	40,000

CHIPS OPTION

Plain chips	5,000
Chips omelette with kachumbari salad	10,000
Chips omelette with coleslaw salad	15,000

OTHER SIDES

Ugali	5,000
Sausage	10,000
Plain rice	5,000
Pilau rice	15,000
Fried banana	10,000
Mashed potatoes	20,000
Coconut rice	15,000
Fried Vegetable rice	15,000
Banana Stew	15,000
Banana roast	20,000
Sauteed Vegetable	15,000

SALAD

Mango and lentil salad with toasted peanuts	20,000
Green salad, toasted seeds, mustard dressing	20,000
Greek salad with crispy onion rings	20,000
Coleslaw Salad	20,000
Kachumbari salad	10,000
Chicken egg salad	25,000
Chicken Caesar salad	30,000

MENU

PIZZA OPTION

Beef pizza	30,000
Cheese pizza	25,000
Chicken pizza	22,000
Margarita pizza	22,000
Hawaiian pizza	35,000
Vegetable pizza	22,000
Beef sausage pizza	30,000
Chicken extra cheese	30,000
Chicken sausage pizza	30,000

BURGER OPTION

BEEF BURGER 30,000

WITH CRISPY ROSEMARY CHIPS, TOMATO, ONION, CUCUMBER, LETTUCE, CHEESE, FRIED EGG, GARDEN SALAD

Hp Sauce

Cocktail sauce

Tomato Ketchup

Lemon mayonnaise

BURGER OPTION

VEGETABLE BURGER 25,000

Lettuce

Avocado

Lentil party

Pickled cucumber

Tomato and Onion

CHICKEN BURGER 30,000

CRISPY ROSEMARY CHIPS, TOMATO, ONION, CUCUMBER, LETTUCE, CHEESE, FRIED EGG, GARDEN SALAD

Cheese sauce

Cocktail sauce

Tomato Ketchup

Lemon mayonnaise

CHEESE AND BACON BUGGER 30,000

Chips

Lettuce

Fried Egg

Pickled cucumber

Asian slaw salad

MENU

SANDWICH

Chicken mayo sandwich mixed, garden salad	30,000
Grilled cheese sandwich	25,000
Egg, avocado, lettuce sandwich	20,000
Beef sandwich with green salad	25,000
Egg, bacon, cheese, lettuce sandwich	30,000
Vegetable sandwich	20,000

DESSERTS

Chocolate pudding	20,000
Chocolate mousse	20,000
Pineapple upside down cake	20,000
Bread pudding lemonice cream	20,000
Apple crumble with vanilla ice cream	20,000
Creamy caramel	20,000
Fresh fruit Salad	15,000
Fresh fruit cuts	15,000

MENU

TEA OPTION

Milk tea	7,000
Black tea	5,000
Masala tea	7,000
Fresh ginger and lemon tea	10,000

COFFEE

Milk coffee	7,000
Light coffee	5,000
Strong coffee	7,000

MILKSHAKE

Banana milkshake	15,000
Chocolate milkshake	15,000
Peanut milkshake	15,000
Dry fruit milkshake	15,000
Strawberry milkshake	15,000
Mango milkshake	12,000
Avocado milkshake	12,000

FRESH JUICE

Green juice	15,000
Tropical juice	7,000
Celery, apple, and lemon	15,000
Apple, beetroot, and carrot	15,000
Pineapple, carrot, and ginger	10,000
Watermelon, beetroot, and lime	7,000
Carrot, grapefruit, orange, and turmeric	15,000

LUNCH BOX

A perfectly portable feast built for flavor and balance	35,000